

# Shankhpushpi

Convolvulus pluricaulis

**HELPLINE NO: +1(407)777-0062**



Convolvulus pluricaulis

Nirogamz™

**Product code: 172**

## Shankhpushpi

### Shankhpushpi capsules

Convolvulus pluricaulis is an indigenous plant commonly mentioned in Ayurveda, as a rasayana which is mainly advocated for use in mental stimulation and rejuvenation therapy. Convolvulus pluricaulis is a prostrate, spreading, perennial, wild herb commonly found on sandy or rocky ground under xerophytic conditions in northern India. The drug is used as antiepileptic. It is used alone or is administered along with modern antiepileptic drugs. Shankhapushpi (botanically, Convolvulus Pluricaulis) is very important Medya herb (brain tonic), digestive, appetite stimulant and carminative for digestive system used in Ayurveda. Shankhpushpi is the one which helps in enhances the brain Vitality and Functions. It helps in balancing memory disturbances such as short attention span, concentration impairment, language and learning issues. A traditionally herb which to improve your child's intelligence and learning capabilities. It balances neurotransmitters and thereby improves concentration

**Composition:** Each 500 mg capsule contains:

**Alkaloid 4% (300mg)**

**Shankhpushpi Powder (200mg).**



Shankhpushpi powder used here is wet triturated with shankhpushpi decoction to increase the potency of the powder. This process is known as “Bhavana” in Ayurveda. Bhavana is used often in Ayurvedic formulations to increase the potency and for size reduction so that the efficacy of the product get enhanced.

**Chemical composition:** Various chemical compositions, such as glucose, sucrose, glycosides, alkaloids and various acids etc., are found in the plant. Convolvulus pluricaulis is a twining perennial herb considered as the most wonderful gift of nature to the mankind. In Ayurveda (an ancient system of Indian medicine), it is mentioned as a rasayana which is commonly used as brain stimulator and memory enhancer. Chemical studies of whole plant have shown the presence of glycosides, coumarins, flavonoids and alkaloids. Shankhpushpi, (the alkaloid) has been identified as active principle. B. sitosterol glycoside, Hydroxy Cinnamic acid, Octacosanol tetracosane along with glucose, sucrose also have been isolated from the plant drugs.



## Ayurvedic aspect: Various Ayurvedic uses of shankhpushpi are:

Medhya – Paste of Shankhapushpi improves memory and intelligence

Rasayanam – anti aging, improves life expectancy, longevity

Kasajit – useful in cough, cold

Visha – useful in toxic conditions, natural detoxifier

Apasmara – useful in epilepsy

Unmada, Bhuta – useful in psychiatric disorders

Chardihara – useful in vomiting

Sara – promotes movement of liquids in natural path, useful in constipation

Vrushya – acts as aphrodisiac

Manasarogahrut – useful in mental disorders, depression

Smrutiprada – improves memory. Hence useful in Alzheimer's disease, dementia and in students seeking memory improvement.

Kantida – improves skin complexion and quality

Balada – improves strength

Agnida – improves digestion strength

Kushta – useful in skin diseases

Krimi – useful in intestinal worm infestation

Anidra – useful in insomnia, induces sleep

It improves hair quality and promotes hair growth

Useful in high BP and hematemesis (blood vomiting)

Because it enhances mood, relieves anxiety and acts as aphrodisiac, it is quite useful in treating sexual disorders of men.

It has mild diuretic action. Hence used in relieving fluid retention.

It is used in treating migraine and tension headaches

Leaves – are used in treating asthma and bronchitis.

Its leaves and flowers are used in treating high blood pressure.

It is free of gluten, soy, wheat, shellfish, preservatives, colors, artificial ingredients, any additive, artificial binders, Maltodextrin, Talcum powder, filler and any other material except the herb in capsules.

\* This product is 100% vegetarian.

\* This product does not contain animal products and is suitable for vegetarians and vegans.

**PRECAUTIONS:** Pregnant/Lactating women, children or any with Known pre-existing condition should take this product under the advice of a qualified health care provider. Keep it away from the reach of children.

### Scientific Reference:-

- 1) Dravyaguna vigyan, by professor Priyavrat sharma. Published by chaukhambha bharti academy, Varanasi, India.
- 2) Bhavpraksha nighantu, by Dr. Ganga sahay panday and Dr. Krishan Chandra chunekar. Published by Chaukhambha bharti academy, Varanasi. India.
- 3) Bharkatiya M, Goyal A, Gupta GD, Gaud RS. Memory enhancers. Indian Pharmacist 2006 5(8):32-36.
- 4) Debjit Bhowmik, K.P. Sampath Kumar, Shravan Paswan , Shweta Srivatava , Akhilesh pd. Yadav , Amitsankar Dutta.
- 5) Traditional Indian Herbs Convolvulus pluricaulis and Its Medicinal Importance. Journal of Pharmacognosy and Phytochemistry, Vol. 1 No. 1 2012, 44-51.

NOTE: This product has been approved by the department of AYUSH/ Government of India.

\*These statements have not been evaluated by the Food and Drug Administration. Nirogamz products are not intended to diagnose, treat, cure, or prevent any disease. This information is for educational purposes only and is not a substitute for medical advice, diagnosis or treatment. For more information pertaining to your personal needs kindly consult your qualified health care provider.